Scripture Helps

What to Read In Time of Need

When You Feel Alone or Afraid

- Lonely. Ps. 23; Heb. 13:5–6
- Afraid. Ps. 46; Ps. 91; John 14:27
- Discouraged. Ps. 42; Mt. 11:28–30
- Friends fail you. Ps. 55:12–17; 2 Tim. 4:16–17; Pro. 18:24
- Slandered or falsely accused. Ps. 27; Ps. 31:13–16; 1 Peter 2:19–23
- Fear of people's opinions. Pro. 29:25; Is. 51:7–8; Acts 5:29; Heb. 13:6
- Feel God is far away. Ps. 13; Ps. 73:23–28; Heb. 13:5–6

When You Struggle Inside

- Worried. Mt. 6:25–34; Php. 4:6–7; 1 Peter 5:6–7
- Anxious about the future. Ps. 37:3–7; Mt. 6:34; Php. 4:6
- Overwhelmed or overcommitted. Ps. 61:2; Ps. 94:19; Mt. 11:28–30; Luke 10:41–42
- Cannot sleep. Ps. 4:8; Ps. 127:2; Pro. 3:24; Php. 4:6–7
- Feel ashamed or stained by past sin. Ps. 32:1–2; Is. 1:18; Micah 7:18–19; 1 John 1:7–9
- Comparison and social media steal your joy. Ps. 37:1–7; Pro. 14:30; Gal. 6:3–5; Php. 4:11–13
- Struggle to forgive. Mt. 6:14–15; Mt. 18:21–22; Eph. 4:31–32; Col. 3:12–13
- Dealing with pride. Pro. 16:18; Micah 6:8; James 4:6–10

When Life Hurts

- In trouble. Ps. 34; Ps. 121; Rom. 8:28–39
- Sick. Ps. 103:1–5; James 5:13–16; 3 John 2
- Grieving. Ps. 46; Mt. 5:4; 1 Thes. 4:13–18; Rev. 21:4
- Financial needs. Mt. 6:25–33; Php. 4:19; Ps. 37:25
- Worry about your children. Ps. 103:17–18; Pro. 22:6; Is. 54:13;
- Attacked unjustly. Ps. 27; Ps. 35; Rom. 12:17–21
- Spiritual attack at night. Ps. 3; Ps. 91:5; Eph. 6:10–18; 1 John 4:4

When You Battle Spiritually

- Tempted. Ps. 119:9–11; 1 Cor. 10:13; James 4:7–8
- Have sinned. Ps. 51; Is. 1:18; 1 John 1:7–9
- Faith is weak. Mark 9:23–24; Rom. 10:17; Heb. 11:1–6
- Need courage to witness. Josh. 1:9; Acts 4:29–31; Rom. 1:16; 2 Tim. 1:7–8
- Need strength for service. Josh. 1:7–9; 1 Cor. 15:58; Col. 3:23–24
- Burdened for the lost. Mt. 9:36–38; Luke 15; Rom. 10:13–15

When You Need Hope and Perspective

- Feel weak. Is. 40:29–31; 2 Cor. 12:9–10; Php. 4:13
- Face death. Ps. 23; John 14:1–6; 1 Cor. 15:51–58; Rev. 21–22
- Feel like giving up. Gal. 6:9; Heb. 12:1–3; James 1:12
- Want assurance of salvation. John 3:16; John 5:24; 1 John 5:11–13
- Want to grow spiritually. Ps. 1; John 15:1–8; 2 Peter 1:5–8

When You Want to Praise the Lord

- Want to worship. Ps. 95; Ps. 100; Ps. 150
- Want to thank God. Ps. 103; Ps. 136; 1 Thes. 5:16–18
- Seeking wisdom. Pro. 2; Pro. 4; James 3:17

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- Fear of people's opinions. Pro. 29:25; Is. 51:7–8; Acts 5:29; Heb. 13:6
- Feel God is far away. Ps. 13; Ps. 73:23–28; Heb. 13:5–6

When You Struggle Inside
- Worried. Mt. 6:25–34; Php. 4:6–7; 1 Peter 5:6–7
- Anxious about the future. Ps. 37:3–7; Mt. 6:34; Php. 4:6
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- Worry about your children. Ps. 103:17–18; Pro. 22:6; Is. 54:13;
- Attacked unjustly. Ps. 27; Ps. 35; Rom. 12:17–21
- Spiritual attack at night. Ps. 3; Ps. 91:5; Eph. 6:10–18; 1 John 4:4

When You Battle Spiritually
- Tempted. Ps. 119:9–11; 1 Cor. 10:13; James 4:7–8
- Have sinned. Ps. 51; Is. 1:18; 1 John 1:7–9
- Faith is weak. Mark 9:23–24; Rom. 10:17; Heb. 11:1–6
- Need courage to witness. Josh. 1:9; Acts 4:29–31; Rom. 1:16; 2 Tim. 1:7–8
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When You Need Hope and Perspective
- Feel weak. Is. 40:29–31; 2 Cor. 12:9–10; Php. 4:13
- Face death. Ps. 23; John 14:1–6; 1 Cor. 15:51–58; Rev. 21–22
- Feel like giving up. Gal. 6:9; Heb. 12:1–3; James 1:12
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