



Whipped Cream

Cue the **emotions**. Lovey-dovey, mushy gushy emotions that cover everything. Emotions are light and fluffy. Whipped cream makes a great topping to a sundae, but it is not very substantial. “Sweet nothings” come late in the relationship, and only after demonstrating true love in the previous steps.

Cherry

Finally, LAST comes the cherry on top. The smallest and final step to any relationship is the **physical** aspect. It makes a mess if you *start* with the cherry and build your sundae upside-down. Save physical closeness for last. After marriage.



Sundaes Are Good!

Attraction should be **spiritual, friendly, intellectual, emotional** and THEN **physical**. In that order. Too often, relationships are backwards. Don't make a mess. Do it God's way.

Ice Cream Sundae Relationships



Dating lessons from an **ice cream sundae**

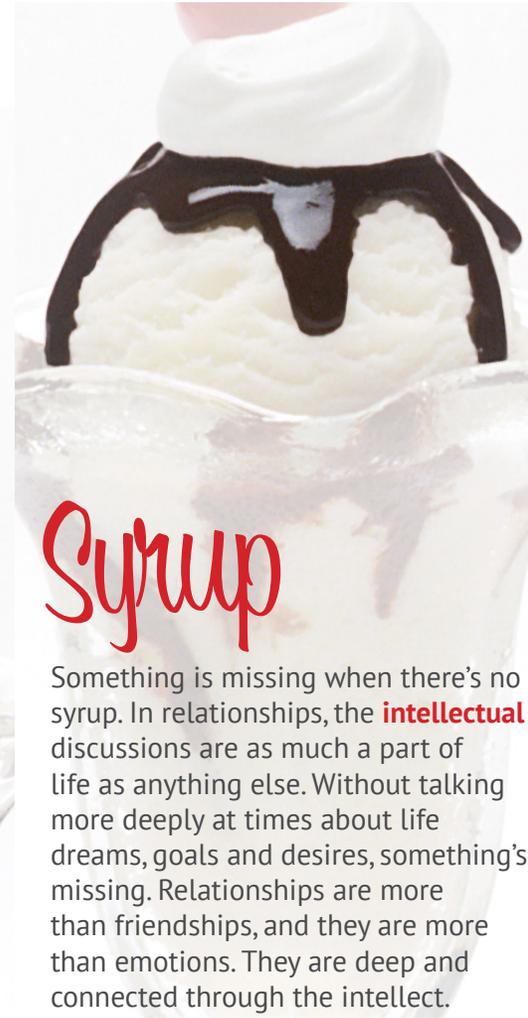


Bowl

The most important and most foundational aspect of any relationship is the **spiritual basis**. It is the base on which the whole relationship is built. It must come first, and it must be stable enough to hold everything else.

Ice Cream

The largest and most substantial part of the relationship should be the **friendship**. Couples should spend lots of time together and enjoy one another's company. Friendships take time, and they are fun, deep, and meaningful.



Syrup

Something is missing when there's no syrup. In relationships, the **intellectual** discussions are as much a part of life as anything else. Without talking more deeply at times about life dreams, goals and desires, something's missing. Relationships are more than friendships, and they are more than emotions. They are deep and connected through the intellect.